



# WELCOME BOOKLET

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International students,  
welcome to the IUT!

## **Welcome booklet | International students, welcome to the IUT!**

This booklet was produced by business students within the framework of their first-year mentored project focusing on the welcome of international visitors to Besançon-Vesoul Institute of Technology. Selin Kärçi, Léa Pales-Espinosa and Célia Touplain.

Two Erasmus students also took part in this international project: Zuzanna Kruschewska et Konrad Witomski from Warsaw University.

This work was supervised by Marie-Claude Basset (English Lecturer/ Head of International Relations at Besançon-Vesoul Institute of Technology).

Elisabeth Perrin (English Lecturer), Trudy and Geraldine, our friends from Ireland contributed to the final touch!

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Welcome to Besançon!

This booklet aims to help people from all over the world on their arrival in Besançon .

So inside you will find information on the following topics:

- accommodation,
- public transport,
- health,
- how to organise your studies,
- life in Besançon,
- financial aid and useful contacts.

The production of this booklet was made possible thanks to teamwork and several months of collaboration between DUT students, Erasmus students and various staff members of Besançon-Vesoul Institute of Technology / University of Bourgogne-Franche-Comté.

The content is based on the experience of Erasmus students who visited in the past in order to be as relevant and complete as possible .

We hope this booklet will go some way in answering the undoubtably multiple questions you are asking yourself.

*“ There are no strangers here;  
only friends who have not yet met. ”*

*W. B. Yeats (1865-1939)*

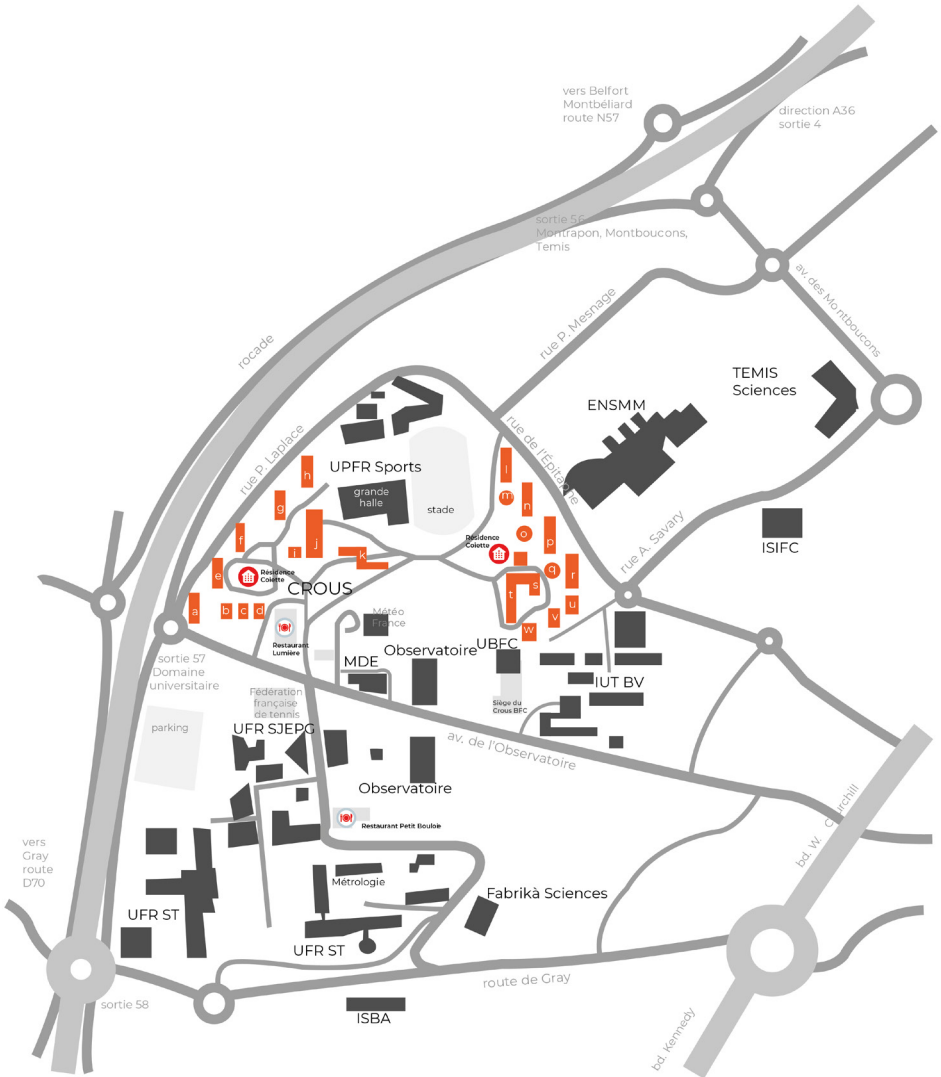
Enjoy your stay in Franche-Comté!

# TABLE OF CONTENTS

<b>Campus map.....</b>	<b>6</b>
<b>Accommodation.....</b>	<b>8</b>
Types of Crous housing.....	8
Rent a room.....	8
Equipment at the Crous.....	9
Pay for the accomodation.....	9
<b>Transport.....</b>	<b>10</b>
Tramway.....	10
Bus.....	10
Buy a ticket.....	10
Which ticket to choose.....	10
Ginko website and app.....	12
<b>Where to eat.....</b>	<b>13</b>
University restaurants.....	13
Sandwich shops.....	14
Sales of sandwiches and vegetables.....	14
Good places to eat.....	14
<b>Getting out and hobbies.....</b>	<b>16</b>
The Crous.....	16
Sport.....	16
Campus Sports.....	16
Students associations.....	17
Good places to go to.....	18
<b>To study.....</b>	<b>20</b>
The registration process.....	20
College schedule.....	20
Lessons.....	20
<b>Health.....</b>	<b>22</b>
Social security.....	22
USPMHP.....	22
Pharmacy.....	23
Other useful contacts.....	23

<b>Financial and administrative aid.....</b>	<b>25</b>
Student card.....	25
Carte Avantages Jeunes.....	25
Administrative procedures.....	25
Finance.....	26
<b>Useful information.....</b>	<b>28</b>
Crous.....	28
Contacts.....	28
Recommended documents for your stay.....	28

# CAMPUS MAP



## Crous housing

- a • Marcel Aymé
- b • Albert Mathiez
- c • Lucien Febvre
- d • Georges Duby
- e • Charles Nodier
- f • Stéphane Mallarmé
- g • Pierre Gascar
- h • Antoine Cournot
- i • Désiré Dalloz
- j • Félix Gaot
- k • Stendhal
- l • Jean-Léon Gérôme
- m • Claude-Nicolas Ledoux
- n • Robert Fernier
- o • Pierre-Joseph Proudhon
- p • Antonin Fanart
- q • Victor Considérant
- r • Jean Gigoux
- s • Théodore Rousseau
- t • Gustave Courbet
- u • Camille Chavret
- v • Marguerite Syamour
- w • Jeanne-Antide Thouret

## ACCOMMODATION

There are several ways to find accommodation in Besançon. In this city, there are a few university residences “résidences universitaires”, called Crous. It is a place where you can rent a room or a small apartment and benefit from the advantages of the student’s residences organized by the state.

Coming within the framework of the ERASMUS programme or under the University or Inter-Institutional Partnership Agreements entitles you to benefit from Crous housing.

### Types of Crous housing

There are several types of Crous housing available:

- A **room** with private bathroom,
- A **studette** with the private bathroom and small kitchen,
- A larger **apartment** with the bathroom and private kitchen.

Similarly, you can choose which residence to stay in. They are either in the city centre or on the Bouloie campus. Check directly with the Crous for more details, especially for prices.

Your accommodation may also be booked by DRIF (Direction des Relations Internationales et de la Francophonie i.e. the University International Office) and in this case, you will not have any choice: foreign students are usually accommodated in the Rousseau Building which is a 5-minute walk from IUT but far from the city centre.

### Rent a room

To rent a room, write an email to the coordinator who looks after the admission of students from your country coming to Besançon. He/She will tell you the next steps you need to take to rent the room in the university residence.

After obtaining accommodation, you must pick up your keys from the reception of the CROUS (<https://www.crous-bfc.fr/>). For the Bouloie campus, it is in the Stendhal Building that the reception is open 24 hours a day, 7 days a week.

In addition, you still have the

### To reach the Crous and the campus from the Viotte station

- Take the bus line 3 towards Temis (the bus stop is just on your right when leaving the station hall).
- Get off at the CROUS University stop.
- Follow the signs to reach the building



opportunity to find accommodation on your own:

- If such is the case, do not hesitate to send an email to the International Relations Office of Besançon-Vesoul IT (i.e. Service des Relations Internationales IUT BV): they may be able to help you in your search.
- You may turn to [Lokaviz](#); this is a service that is free of charge and reserved for students. This is why, when registering on the site, it is necessary to provide a document stating that you are a student (certificate of schooling, certificate of pre-registration ...). A private apartment of about 25m<sup>2</sup> in Besançon costs around €400. A furnished room in a flat-share will cost around €330.

## Equipment at the Crous

In buildings with private bathrooms, the common kitchens are located on each floor. On the other hand, you must have your own utensils and dishes to cook. In addition, the kitchen is equipped with a hot plate (if you need a microwave you have to buy it yourself and put it in your room).

The Stendhal, Thouret and Gascar buildings of Crous are equipped with washing machines and tumble dryers. Laundry costs €2 and drying costs €1.

## Pay for the accommodation

To pay for the accommodation, you can pay at the secretariat of the Crous by bankcard or by bank transfer on the website [messervices.etudiant.gouv.fr](http://messervices.etudiant.gouv.fr). For some countries, the transfer may be too long, so it is advisable if you stay more than a year in France to open up a bank account in France.

There is another system managed by Crous, « Bed and Crous » (see the website of the same name) which allows in urgent cases, that is in exceptional circumstances, to rent a room per night in the Colette residence (€23 per night).



# TRANSPORT

Besançon Public transport company is called Ginko, it is a bus and tram network, with 6 relay parking lots at the gates of the city (parking lots close to public transport on which cars can be dropped off).

## Tramway

It runs from 4:30 a.m. to 0 a.m. (Monday to Wednesday), from 4:30 a.m. to 1:30 a.m. (Thursday to Saturday) and from 5:30 a.m. to 0 a.m. and during public holidays (except May 1)

- a tram every 6 minutes during rush hours on the Hauts du Chazal core <> Parc Micaud
- a tram every 10 to 12 minutes during rush hours between Parc Micaud <> Chalezeule/Gare Viotte

## Bus

It runs from 5:30 am to 1:30 am, 7 days a week and holidays (except May 1)

- a bus every 8 to 10 minutes on lines L3 to L6
- a bus every 8 to 30 minutes on lines 7 to 12 (Monday to Saturday only)

## Buy a ticket

You have different ways to buy your tickets:

- the tram stops or selected stops on line 3 (examples : Usport, Crous Université, IUT) in order to buy your ticket valid for 1 hour or 24 hours or to charge your card for 2 or 10 trips, as well as monthly and annual subscriptions from a machine,
- a bus driver to buy a one-hour ticket,
- the Ginko shop or relay shops (example = partner tobacconist's) to buy or recharge a monthly or annual PASS.

\* The online store to reload your card.



## Which ticket to choose?

It is better to choose the ticket that best fits your journey.

Cards or tickets must be systematically validated when getting on the bus or tram, even after purchase from the driver or purchase at the station from a distributor, even by correspondence. Otherwise, you risk a minimum fine of €70.

### **PASS (= single ticket)**

- 1 trip PASS (=1h): €1, 40
- 2 trips PASS: €2, 80
- 10 trips PASS: €13
- 24h PAS : €4,50

**+** For more information : <https://www.ginko.voyage>

### **Anonymous Ginko card**

This card is different from the Personal Ginko Card, the Anonymous Ginko Card only charges trip PASSES for 1 hour, 24 hours or 10 trips (+0.20 for the creation of the card). The "PASS" refers to the name of the tickets, and is valid for the entire duration regardless of the number of buses and trams that you take.



### **Personal Ginko card**

If you use Besançon public transport more frequently, you can buy a Ginko subscription card. To do this, you must go to the Ginko Boutique located in the city center, (Centre Commercial Saint Pierre) where you can buy the Personal Ginko Card - it is essential to recharge a subscription card.

#### **Take note!**

- A photo is required to create the card (otherwise they will take a picture of you on site);
- The personal Ginko card costs €4.

### **Subscriptions**

#### *Freedom PASS:*

From the 1st to the 9th trips, each 1-hour ticket costs €1.40. From the 10th trip completed in the month, the price of a ticket reduces to €1.30.

Advantage: No trips = no direct debit!  
Post-payment is a service without subscription and without commitment.



## Monthly PASS for 18/25 years old

It allows young people and students under 28 to unlimited travel for 1 month (from the 1st day to the last day of the month) on the lines:

- Bus & tram of the Ginko network in Grand Besançon (Diabolo school lines throughout Grand Besançon included)
- TER in Grand Besançon
- Mobigo Devecey <> Besançon

Price = €28/month

## Annual PASS for 18/25 years old

It allows young people and students under 28 to unlimited travel for 1 year. You can pay once a month by direct debit (10 direct debit, last 2 months free).

Price = €28/year (2 months offered compared to the monthly PASS)

### Take note!

- With the purchase of an annual subscription, Ginko offers you a “Ginko Advantages” card which allows you to benefit from discounts, etc from their 27 partners.
- Support for employer transportation: your employer covers 50% of your subscription.

## Ginko website and app

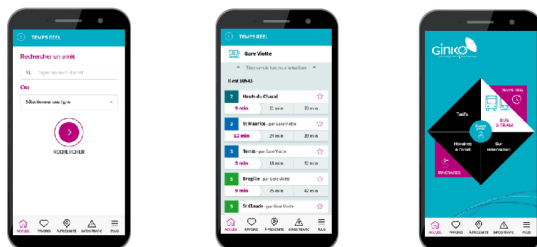
You can access the Ginko website on your smartphone ([www.ginko.voyages.fr](http://www.ginko.voyages.fr)) and download the “Ginko Mobilités” application (download for free on Android and iOS).

### To know what time your bus arrives

The actual schedule a bus arrives at a specific stop and the schedule for the next bus are displayed and refreshed.

### To know which stop to take

Once you have indicated where you are coming from and where you are going, Ginko will suggest several ways to get there with stops, timetables, walking time and buses.



## University restaurants

On the campus, there are university restaurants where you can eat for lunch and dinner. These University Restaurants are called "RU". There are 6 of them in Besançon:

- Resto U' Canot - 2-4 rue Antide Janvier
- Resto U' Hauts du Chazal - 22 rue Ambroise Paré
- Resto U' Mégevand - 36 rue Megevand
- Resto U' Lumière - 42 avenue de l'Observatoire
- Resto U' Petit Bouloie - 45 avenue de l'Observatoire

Bouloie  
Campus

Restaurants are open Monday-Friday at 11:30 a.m. to 1:30 p.m. (note: there are a lot of people between 12 p.m. and 1 p.m.). The price of a meal with a student card is 3.30 euros.

You can choose your meal according to a point system: in general, you are entitled to 10 points, and the meals cost more or less points depending on the RU. You can also help yourself to a free chunk of bread.

To pay for the meal, you can either pay for it by bank card (showing your student card so that you have the student rate), or pay directly with your student card or phone using the Izly app.

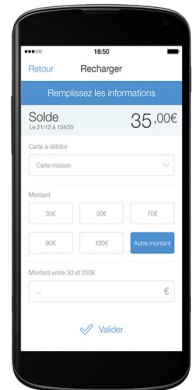
Create an account on Izly, make transfers from your bank account to your Izly account and pay directly with your student card in the RU and Crous sandwich shops. Izly is available on the Internet and on the phone application.

It is also possible to top up your Izly account with cash (tickets) thanks to the terminals available at the entrance to the RU.

Managed by Crous, there is also a Food Truck that travels between the different campuses. It is open from 11:30 a.m. to 1:30 p.m. and from 6:30 p.m. to 9:00 p.m.

Check out  
[www.crous-bfc.fr](http://www.crous-bfc.fr)

to find out information  
about the RU : location,  
opening hours, contact,  
menus,...



## Sandwich shops

The sandwich shops offer sandwiches, paninis, pizzas, salads, pastaboxes, wraps, fruit, yogurts, cookies, muffins, hot and cold drinks

Each product is paid per unit. It is possible to pay by student card with Izly or by bank card.

- **Cafet' Arsenal** → Open from 8:30 am to 16:15 pm  
*13 rue de l'Orme de Chamars*  
Eat in or take away
- **Café Internationnal** → Open from 10 am to 13:45 pm  
*73 quai Veil Picard*  
Eat in or take away
- **Cafet' Le Croustillant** → Open from 8:30 am to 16:15 pm  
*36 rue Mégevand*  
Eat in or take away
- **Cafet' Lumière** → Open from 7 am to 21:45 pm  
*42 avenue de l'Observatoire*  
Eat in or take away
- **Brasserie Lumière** → Open from 7:30 am to 13:30 pm  
*42 avenue de l'Observatoire*  
Eat in

## Sales of sandwiches and vegetables

The BAF offers vegetable baskets for around €1 every other week. The products are French and mainly Franc-Comtois. To order a basket of vegetables, simply follow the link via social networks.



BafBesancon

## Good places to eat

In the main street at Passages Pasteur, Monoprix offers tables and microwaves to heat up your dish or what you buy on site.

The multiple bakeries in the city center offer sandwiches, paninis, salads and sometimes even hot dishes with the possibility of eating on site.

Here is a non-exhaustive list of bars and restaurants in Besançon :

## Fast food in the Grande Rue

- Burger de papa - 50 Grande Rue
- Kebabs
- Quick - 27 Grande Rue
- Subway - 2 rue des Boucheries
- Baglestein - 44 Grande Rue

## **Traditional french restaurants**

- La Petite Adresse – *28 rue Claude Pouillet*
- L’Affineur Comtois – *82 rue Battant*  
Cheese and regional specialties
- Les Tables d’Antan – *18 rue Bersot*  
Gratins and regional specialties

## **International restaurants**

- Jack’s – *12 rue Richebourg*  
Quebec and canadian food
- Taj Mahal – *9 rue Claude Pouillet*  
Indian and pakistani food
- La Pampa – *41 rue Bersot*  
Asian food
- Samourai Sushi – *45 rue Bersot*  
Asian food
- Chez Achour – *77 rue Battant*  
Oriental food
- Le Saint Nicola – *29 rue Ronchaux*  
Italian food

## **Veggie and vegan**

- Basilic Instant – *93 rue des Granges*
- Cocoëlle – *22 rue Rivotte*
- La Citronnade – *19 rue Ronchaux*

## **Tea rooms**

- French Coffee Shop – *56 rue des Granges*
- Marotte et Charlie – *11 rue Victor Hugo*
- Bêtises et Volup’thé – *79 rue des Granges*

## **Have a drink**

- Bar de l’U – *5 rue Mairet*  
ESN parties
- Le Gibus – *11 rue Claude Pouillet*
- Madigan’s – *17 place du 8 Septembre*
- Le Tandem – *16 bis quai Vauban*
- Le Marulaz – *2 place Marulaz*

### The Crous

The Crous plans several intercultural actions, so if you live there, you can participate in:

- “Invite the world to your table”: mobilizes families from Bourgogne-Franche-Comté to welcome international students at home for lunch.
- OFAJ / CROUS partnership: German volunteers help international students having to cope alone on the Besançon campuses.
- “Le Monde en Famille”: sponsorship aimed at creating a social ties between the inhabitants of Besançon and international students while fighting against their isolation.

### Sport

There are also many sports associations. The website of the city of Besançon offers a directory where you can find associations according to the type of sport you are looking for (go to the “Sports” section and “Leisure” then “Practice an activity”).

→ [www.besancon.fr](http://www.besancon.fr)

### Public pool

There are four municipal swimming pools in Besançon. The addresses, schedules, and other information are all updated on the site below.

→ [www.grandbesancon.fr](http://www.grandbesancon.fr)

### Campus Sports

Campus-sports is a service of U-Sports, which is aimed at all students, and University staff of the university, present in Besançon to do sports activities including people with disabilities. These activities are free: you just have to go to the “U-Sport” site of the University of Besançon, click on “Inscription portail campus sports” and log in to choose the sport of your choice according to timetables.

→ <http://u-sports.univ-fcomte.fr/>

### Sports of all types are available

- Sport-leisure and outdoor activities, with a choice of more than 40 physical, sports and discovery activities
- Health-sport, oriented towards refresher training and bodybuilding
- Wellness activities
- Outdoor activities to discover our territory
- Night sports



## Site map



### To register

Go to the « Campus Sports Besançon » website and then log in with the same username / password as on the ENT site.

## Students associations

Student associations offer outings, but also events and activities. They set up projects around student life, sport, cultures and even art. For example, setting up sales of vegetable baskets, galas, game evenings etc. Each school, college and IUT has something to offer.

To find the list of the students associations in the university of Franche-Comté, check out [www.univ-fcomte.fr](http://www.univ-fcomte.fr) section "Vie étudiante".

### Some students association in Franche-Comté

- BAF  
Federation of student associations of Franche-Comté.  
Association at regional level around student life.  
→ <http://baf-fc.fr/>
- BDE SLHS  
This is the Office of Students in Language, Human and Social Sciences.  
It is an association of students in the "Faculté de Lettres" i.e. College of Arts in Besançon city centre.

- Crous International Relations Service  
Organizes various activities throughout the year (entertainment, evenings, and visits) to help international students to integrate and gives the possibility of proposing projects themselves to introduce their culture.  
→ [www.crous-bfc.fr/international/](http://www.crous-bfc.fr/international/)
- ESN Besançon (European Student Network)  
Association which links Erasmus students, and which aims to welcome international students.  
→ <https://besancon.esnfrance.org/>

## Good places to go to

### Cinema

There are several cinemas in Besançon :

- Cinéma Victor Hugo – *6 rue Gambetta*
- Cinéma Mégarama Beaux-Arts – *3 rue Gustave Courbet*
- Cinéma Mégarama Valentin – *1 rue des Sources, École Valentin*

### Theater

- Petit théâtre de la Bouloie – *7 rue Pierre Laplace*
- Centre Dramatique National – *Esplanade Jean-Luc Lagarce*
- Les 2 scènes : L'Espace – *Place de l'Europe*
- Théâtre Ledoux – *49 rue Mégevand*

### Concerts

- La Rodia – *4 avenue du Chardonnet*
- Les Passagers du Zinc – *5 rue de Vigner*
- Bar de l'U – *5 rue Mairet*
- Micropolis – *3 Boulevard Ouest*

### Malls

- Châteaufarine
- École Valentin
- Passage Pasteur (city center)
- Chalezeule

### Main museums in the city center

- Time and Watchmaking Museum – *96 Grande Rue*  
Closed Monday.  
Full price: €8 ; reduced price: €4 ; free entry on the 1<sup>st</sup> Sunday of each month.
- Museum of Fine Arts and Archeology – *1 place de la Révolution*  
Check the website for opening hours according to the season.  
Full price: €8 ; reduced price: €4 ; free entry on the 1<sup>st</sup> Sunday of each month.

- Victor-Hugo Museum - *140 Grande Rue, 25000 Besançon*  
Closed Tuesday.  
Price: €2.50 ; free entry on Sundays and public holidays.
- The Citadel of Besançon  
Check the website for opening hours according to the season.  
Full price: €11 ; reduced price: €9.
- The Fort of Chaudanne  
One of the most beautiful viewpoints in Besançon is the Chaudanne fort. You can get there on foot or by car.

## **Night clubs**

- La Cale - *26 rue Proudhon*
- Le QG Club - *10 chemin de Mazagran*
- L'Antonnoir - *21 rue de Dole*
- Le Teasing Club - *2 rue de Gray, Chalezeule*



### The registration process

Students interested in an Erasmus+ exchange program must contact the international office of their home institution who will give them all the necessary information to prepare for their stay in Franche-Comté.

If you are on an Erasmus+ exchange program, you will not be awarded a diploma from our university but only a statement of results. Before leaving their university, international students will have to make sure that the studies followed at the university of Franche-Comté will be valid in their home university and prepare a study program with the exchange coordinator of their establishment.

When arriving in Franche-Comté, students must contact the DRIF without delay. The University International Office will provide them with all the help they need and give them a provisional registration certificate (see paragraph DRIF pge 28).

Each student should also contact the International Office i.e. Service des Relations Internationales of Besançon-Vesoul IUT to find out who is the person in charge of coordinating the Erasmus+ exchanges with his home institution. A lecturer from the Institute of Technology will help the student create a personalized schedule. Once the student has chosen his/her subjects, he/she can verify that the lessons are held by turning to the ENT website. This is a site where the student can see their weekly lessons from different lecturers. To connect to the ENT, the student will receive their username and password once they have received their student card.

The international student should go to the Registration Office (i.e. Service Scolarité IUT 30 avenue de l'Observatoire) to complete their registration form on arrival.

### College schedule

It all depends on the lessons you have selected with your coordinating lecturer, but generally, your lessons will be held from 8 a.m. to 5 p.m. with a lunch break. In addition, Thursday afternoon is often free to allow you to work on your projects.

### Lessons

You can have what is called TP and TD, in addition to lectures.

TP means practical work (Travaux Pratiques), for example in IT.

The TD, tutorials (Travaux Dirigés), are more common. These are lessons in which you are not in a Lecture Hall and which enable you to complete exercises and are free to ask questions directly to the teachers.





## Social security

For students from European Union member states, (including Iceland, Liechtenstein, Norway and Switzerland), the European health insurance card is required. This card allows you to go to a public hospital, to a doctor's surgery while benefiting from equivalent treatment and at the same price as the French population. It is important to obtain this card before leaving: each country is in fact responsible for the production and distribution of the card on its territory.

Please note, the CEAM does not cover 100% of health expenditure in France. It is strongly recommended to subscribe to a "mutuelle" i.e. an extra private insurance policy which allows to complete the reimbursement of medical expenses obtained with the CEAM.

International students from other countries must join French social security.

- ⊕ To know more, check out <https://www.ameli.fr/> section « Vous venez étudier en France ».
- ⊕ In the event of a health problem, it is possible to find a general practitioner on the site: <http://www.pagesjaunes.fr/> or <http://sumpps-sante.univ-fcomte.fr/>

If you need to see a doctor at night, on weekends or on a public holiday, you can call SOS Médecins at 3624 to find out the doctor on duty in Besançon. In the event of a medical emergency, there is the SAMU, the phone number is 15.

## University service of preventive medicine and health promotion (USPMHP)

At the Campus, you can go to SUMPPS (University Service of Preventive Medicine and Health Promotion) which offers free emergency care, updated vaccinations, dietetic consultations, contraception, disabled, as well as psychological support and accompaniment by the social worker. Please note, the service is closed during university holidays.

The USPMHP provides:

- Medical check-ups,
- Access to a social service: reception and listening center, in which psychologists and / or social workers offer you, if you have difficulties, psychological support in the form of individual interviews. Their field of intervention covers:
  - schooling: exceptions, arrangement of studies or tests, orientation

- material problems: scholarship, housing, financial problem...
- relationship problems, whether within the family or within the university,
- Help for students with disabilities,
- Prevention: performs collective education and health prevention actions (contraception...).

The Crous also offers a social service or listening, welcoming, information, guidance, counseling, mediation and social and psychosocial support. Assistants are subject to professional secrecy.

[www.messervices.etudiant.gouv.fr](http://www.messervices.etudiant.gouv.fr)

## Pharmacy

If necessary, you can go to the Pharmacie du Stade / Pharmacie Bovay which is closest to the IUT:

- *2, Rue Roger Martin du Gard, 25000 Besançon*  
03 81 50 54 79

Monday to Friday: 9 a.m. to 12:15 p.m. and 2 p.m. to 7 p.m.

Saturday: 9 a.m. to 12:15 p.m. and 2 p.m. to 6:30 p.m.

## Other useful contacts

- Social worker at the University of Franche-Comté  
Mrs Souchay specifically examines the problems of access to care, grants, family situation in conjunction with the appropriate partners.  
→ You can make an appointment on 03 81 66 61 30  
or contact her directly on 03 81 66 61 39

## Psychological consultations

- Psychiatric emergencies – CHU Minjoz  
*3 boulevard Fleming, Besançon*  
03 81 66 80 13 (24h/24h)  
Telephone or on-site consultations

## THE USPMHP

45 C, avenue de l'Observatoire,  
Campus de la Bouloie  
25000 Besançon

[sumpps@univ-fcomte.fr](mailto:sumpss@univ-fcomte.fr)

Tel: (33) 03 81 66 61 30

Fax : (33) 03 81 66 61 91

Open Monday to Friday from  
8 a.m. to 5 p.m. (except university  
breaks), closed on weekends.

Access the USPMHP by bus:  
Line 2: Bibliothèque Sciences stop  
Line 7 or 9: Crous Université stop

- University Psychological Aid Office (UPAO)

22 rue Chifflet, 25042 Besançon Cedex 3  
03 81 81 19 67

[cmpp.bapu.besancon@wanadoo.fr](mailto:cmpp.bapu.besancon@wanadoo.fr)

UPAO does not provide emergencies; if necessary, contact psychiatric emergencies.

Monday to Friday: 8:30 a.m. - 12 p.m. / 1:30 p.m. - 6:30 p.m.

And Saturday: 8:30 a.m. to 12 p.m.

- Young people's helth line

0800 23 52 36 from 9 a.m. to 11 p.m.

Anonymous and free from a landline

Mobile: 01 44 93 30 74 (cost of a local call)

[www.filsantejeunes.com](http://www.filsantejeunes.com)

- Help for Victims of Crime (HVC)

Free medical and legal aid for anyone who has suffered a trauma.

1 Rue Victor Delavelle, Besançon

03 81 83 03 19

[aavibesancon@wanadoo.fr](mailto:aavibesancon@wanadoo.fr)





## Student card

To obtain the student card, go to the registration office (Service Scolarité) located in the main building of Besançon-Vesoul IUT to request a registration form and complete it as soon as possible. Once the form is returned, your photograph is taken and your student card is issued.

## Carte Avantages Jeunes (Youth card)

This card should not be confused with the student card. It is available to anyone under the age of 30 living in the region. It costs €8 and gives you many offers and discounts on leisure. These offers are available on the card's website, but also in a booklet given with the card.

→ <https://www.avantagesjeunes.com/>

## Administrative procedures

You can consult the various procedures to be carried out on arriving in France and what you need to do (depending on your specific situation) on the following site:

→ <http://59.accueil-etrangers.gouv.fr/>

## Request for a residence permit

All foreign nationals who wish to stay in France for more than three months must obtain a long-stay visa from the French Consulate closest to their home before leaving their country.

Foreigners exempt from the long-stay visa are:

- Nationals of member countries of the European Union, Switzerland, Liechtenstein,
- Andorrans and Monegasque nationals,
- Nationals of the Holy Sea and San Marino.

**Please note**, you must obtain a "student" visa in order to register for university. A tourist visa will not enable you to do this.

*Students from outside the EU* (except Algeria)

Upon their arrival, the steps to validate the VTS-TS (long stay visa equivalent to a residence permit) are made with the territorial directorate of the French Office for Immigration and Integration (OFII) within 3 months.

- OFII de Besançon - 3, avenue de la Gare d'Eau

## Algerians

Algerian students should go to the Besançon Prefecture.

- Besançon Prefecture - 3, avenue de la Gare d'Eau

The Prefecture holds a temporary office in the Students House (36 Avenue de l'Observatoire) from September to the end of November in order to ease your procedures. You must previously make an appointment with the registration office of the IUT.

For students who have a job, it is highly recommended to enquire of their manager if they can benefit from discounts in case of visits.

## Finance

### Housing allowances

You can ask for financial assistance for accommodation at the CAF (which normally helps families with a financial benefit). To benefit from assistance, you must provide several documents such as:

- Copy of identity card or passport
- Copy of birth certificate
- European health insurance card or health insurance
- A letter written by the student where he/she claims to have enough economic resources to live in France
- A copy of the Erasmus grant agreement
- A copy of the housing contract
- A copy of the RIB of your French bank account

### Housing assistance

All students are eligible for housing assistance.

- Personalized housing assistance (APL) for apartments. It applies to approved housing.
- Social Housing Allowance (ALS) for rooms and small rooms, it is allocated to the tenant of accommodation fulfilling certain conditions. It is also calculated based on the monthly rent and the resources of the tenant.

**Please note**, the APL and the ALS cannot be combined!

 For more information: [www.caf.fr](http://www.caf.fr)

Insurance is compulsory for the duration of the lease contract.

### Recommended additional steps

#### *Open a bank account in any bank*

In addition, Crédit Agricole bank has a special offer for exchange students, in partnership with ESN. For short term exchanges this can be interesting because the bank offers you €50 (as of the academic year 2019-2020) when opening an account. NOTE : the bank will charge you around €3 for account maintenance fees each month.



- Crédit Agricole Franche-Comté - 11 Avenue Elisée Cusenier, 25000 Besançon  
03 81 48 91 67

Remember to bring your passport, your student visa and your Crous accommodation certificate.

### *Take a smartphone contract*

Remember to bring your passport, your student visa, your accommodation certificate and your bank account details (provided by your french bank).

### **Some expenses to consider**

- Visa validation (if you are not a national of the EU): €60
- Entrance to the public swimming pool (student rate): €3.30
- Entrance to the Citadel of Besançon (student rate): €9 / 1 free entry on presentation of the Avantages Jeunes card and coupon.
- Entrance to the cinema: € 8.50 (student rate) or €6.90 (*Avantages Jeunes* card rate)
- Classical music concert: €10
- Nightclub entry: free or €5-10
- Coffee in a restaurant: €1.40-2.50
- Beer in a bar: €4.50

## USEFUL INFORMATION

### Crous

40 avenue de l'Observatoire  
25002 Besançon Cedex 3

### Contacts

- Campus Sports Besançon  
03 81 66 63 62  
campus-sports@univ-fcomte.fr  
<https://applications.univ-fcomte.fr/CampusSports>
- Campus Sports Montbéliard  
03 81 99 46 16
- Campus Sports Belfort  
03 84 22 27 22
- Campus Sports Vesoul  
campus-sports-vesoul@univ-fcomte.fr  
<http://u-sports.univ-fcomte.fr/>
- Department of International Relations and Francophonie (DRIF)  
It welcomes and supports students, lecturers, researchers and delegations from abroad. The DRIF manages international relations, it will be a privileged interlocutor during your stay. Once in Besançon, it is essential to contact the DRIF for administrative formalities.  
*4 place Saint-Jacques, 25000 Besançon*  
dri@univ-fcomte.fr
- International relations service of Besançon-Vesoul IUT (SRI)  
Like the DRIF, it is important to contact this service if you are participating in an exchange with Besançon-Vesoul IUT.  
*30 Avenue de l'Observatoire, 25000 Besançon*  
ri-iut-besancon@univ-fcomte.fr  
03 81 66 68 06  
Head of SRI: Marie-Claude BASSET  
Secretariat: Maryse FREYBURGER

### Recommended documents for your stay

- Student visa, if applicable,
- ID photos,
- Passport + identity card,
- Certificate of registration at the university of Franche-Comté,
- Crous accommodation certificate,
- Birth certificate translated by a certified translator (for CAF),
- Health book (vaccination),

- Proof of income (or that of your parents, or financial support) from previous years,
- Copy (not certified) of your last diploma obtained and your transcripts.

Remember to bring photocopies of all your documents and do not bring the originals, except for non-EU nationals, your passport, your identity card and your student visa.

Once you have completed your administrative procedures, always keep your identity card or passport, a photocopy of your student visa and your student card with you.









**BESANÇON**



**VESOUL**